# **Hurt at Work?**







#### What is InjuryAssist?

- A service which provides injured employees direct access to quality medical advice and support at the time of injury.
- Supports early intervention and prevention of workplace injuries.
- Fast tracks medical appointments if needed as soon as possible following injury.

## **Calling the InjuryAssist Hotline:**

### **How do you use InjuryAssist?**

- Phone 1300 404 924 to talk to a telehealth nurse at InjuryAssist if you are ill or injured in a workplace incident.
- A workplace injury refers to a minor injury such as a cut or sprain through to a more serious injury requiring immediate medical attention.
- Any employee who has a workplace injury should call the hotline. You may want your manager call on your behalf.

### What happens when you call the InjuryAssist hotline?

- ❖ A Registered Nurse trained in injury and illness triage will answer your call.
- The nurse will ask you a few questions i.e., name, work location, injury details, symptoms.
- The nurse may advise you to see a doctor. If so, the nurse can schedule an appointment for you at either the InjuryAssist preferred doctor network, or a GP of your choice.
- You may be provided with self-management advice.
- ❖ A BCE Rehabilitation Advisor will be notified of your injury and contact you if you require further assistance.
- InjuryAssist will also offer to follow up the next day to ensure you are okay and offer further advice if needed.



1300 404 924

**Further information** 

**Health and Safety Services** 

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